

# LASSEN COUNTY BEHAVIORAL HEALTH ADVISORY BOARD

## APPROVED MINUTES

**Monday April 11, 2022**

- Advisory Board Members Present:** Curtis Bortle – Member – Via Zoom  
Gary Bridges – Member – In Person  
Brady Reed – Member – Via Zoom  
Michael Hoenig – Member – Via Zoom  
Angela Reed – Member – In Person  
Ronnie Tripp – Member – Via Zoom
- Advisory Board Members Absent:** Chris Gallagher – Member
- Staff:** Tiffany Armstrong – BH Director – Via Zoom  
Barbara Longo – HSS Director – In Person  
Sarah Bustamante–Admin Assistant – Via Zoom
- Members of the Press:** None
- Other:** Nicole Johnson – Friday Night Live (5 youth in attendance) – In Person  
Andrea Wagner – CAMHPRO – Via Zoom  
John McGarva – Lassen County Sheriff’s Department – In Person  
Danny Medina – CAMHPRO – Via Zoom  
Mike Hernandez – Judy’s House – In Person  
Andrea Hernandez – Judy’s House – In Person
1. **Call to Order:** Behavioral Health Advisory Board called to order at 5:33 pm
  2. **Approval of the Agenda – Action:** Motion- Gary Bridges — Second-Ronnie Tripp– All in favor – motion carried
  3. **Approval of the Minutes: February 2022:** – Motion –Gary Bridges– Second – Michael Hoenig – All in favor – motion carried
  4. **Public Comment:**
    - a. Ronnie Tripp – Board trainings held Friday. Excellent training by Dr. Carol McKinley Alvarez. Trainings are recorded for later viewing. More trainings scheduled.
  5. **Friday Night Live (FNL) – Nichole Johnson and FNL youth members**
    - a. Focus is on preventing underage drinking
    - b. April 22<sup>nd</sup> is FNL day
    - c. Projects
      - i. Counted alcohol bottles outside of Diamond View School

- ii. Sticker shock project coming up.
  - d. Created a prevention video
  - e. Video shown to board
    - i. Nicole will forward out video to the board
    - ii. Video was submitted to Direct Change and entered into a film contest.
  - f. Questions
    - i. What motivated you to make this video? Wanted to help people who are having a hard time.
    - ii. Who will see this video? It will be played at the Children's Fair.
    - iii. What are some things the community can do to help support youth? Talking to people, letting them know they are not alone.
    - iv. What is the #1 contributor to the issues you see today for youth? Anxiety, depression and bullying
    - v. How often do you meet? Twice a week.
    - vi. How to refer someone to this group? Call main line at Behavioral Health and ask for Nichole Johnson
    - vii. Do you have to be a client of Behavioral Health to be in the group? No, this is prevention does not have to be an active client.
  - g. Hoping to get more clubs started in the outlying communities with the Wellness Centers.

**6. COVID – 19: Barbara Longo**

- a. Discussion in Public Health about vaccinating children under 5 years old.
  - i. Town Hall for local Public Health jurisdictions scheduled for April 13<sup>th</sup>
  - ii. Looking for feedback
- b. Allocating therapeutics to communities
  - i. Available to health care providers
- c. Still monitoring the Delta and Omocron variants
- d. Cases in Lassen County
  - i. One new case as of today
  - ii. Many people testing at home, not reporting
  - iii. No new causalities reported
- e. Waiting for Emergency Order to be lifted by the Governor
- f. Can find the recommended vaccine schedule for children on the CDC website
- g. State cutting back on reporting to twice a week instead of daily.

**7. Department Report: Tiffany Armstrong**

- a. Friday Night Live/Club Live
  - i. Hoping to get more chapters started in outlying areas
    - 1. Westwood open for youth referrals
  - ii. Recruiting more youth

- iii. Really focus on the prevention
  - b. Wellness Centers
    - i. Open house in Westwood was a huge success
    - ii. Peer supports reaching out to community for what they want and need from the Wellness Center
    - iii. Will be scheduling open houses in Herlong and Big Valley soon
  - c. CAL-AIM
    - i. Will be impacting Behavioral Health for the next 6 mo-2 yrs
    - ii. Significant changes in how we provide services and what services we provide
    - iii. Meetings with partnering agencies will be held soon
    - iv. Will need to add a subgroup to the agenda to keep up on all CAL-AIM changes

**8. Cultural Competence: Tiffany Armstrong**

- a. Meeting held last week
  - i. Meetings will be held monthly
- b. Focus is on culturally needs for the community
- c. Will be working on broadening the Cultural Competence Plan
- d. Policies are being updated to include cultural humility

**9. Housing – Tiffany Armstrong**

- a. Grace and Tiffany are working on some significant grants
  - i. Reached out to a consultant to assist with cohesiveness of both departments and the grants
  - ii. Tiffany and Grace in discussions on what grants each department is working on.

**10. Judy's House – Mike and Andrea Hernandez**

- a. 16,579 min for the month of March
- b. 276.32 hrs for March
- c. 118 individual contacts
- d. 8 individual brand new contacts
- e. 1 phone call contact
- f. 5 big outreaches
- g. Judy's House is open from 4pm – 8 am

**11. Elections - Board Vice Chair – Action Item**

- a. Nominated Angela Reed - Gary Bridges - Curtis Bortle –
  - i. Angela Reed – declined nomination
  - ii. Gary Bridges - 4 votes
  - iii. Curtis Bortle – 2 votes
- b. Gary Bridges has been elected to Vice Chair

## **12. Board Report:**

### **a. Board Recruitment:**

#### **i. Bylaws – Three categories**

1. #1 – Consumer/Family Members- max 4-6 (currently 3)  
– Open
2. #2 – Board of Supervisors- max 1-2 (currently 2)
3. #3 – Community Partners- max 5 (currently 2) – Open

#### **ii. Maximum number of members is 11**

1. Currently have 7

### **b. Sub-Committees**

#### **i. Legislation – No Update**

### **c. Data Notebook – Tiffany Armstrong**

#### **i. Has been submitted**

## **13. Lassen Community College: Brady Reed**

### **a. Telehealth - Timely MD – website for students to access both medical and mental health appointments.**

#### **i. 6 appointments of each per year**

#### **ii. 48 students have been signed up**

#### **iii. Employees have been included for this service**

### **b. Behavioral Health Manager position will be filled**

#### **i. Position will be flying soon**

## **14. Suicide Prevention: Barbara Longo**

### **a. Out of Darkness Walk**

#### **i. September 10, 2022 at Memorial Park**

#### **ii. Talk with Nicole about possible smaller event held in outlying areas**

### **b. Suicide Prevention Grant**

#### **i. Will be taken to the Board of Supervisors meeting tomorrow**

#### **ii. Public Health Grant**

## **15. CAMHPRO – Andrea Wagner**

### **a. Introduction of Danny Medina – Superior Region Trainer**

#### **i. Representing Central and Superior Regions**

#### **ii. Working with Butte Co to set up a multi-county training**

### **b. LEAD**

#### **i. Summits coming up**

##### **1. Four in the next four weeks**

##### **2. All but one is virtual**

##### **3. State Conference**

###### **a. Still asking for workshop proposals**

###### **b. In Person conference in Sacramento**

### **c. Mental Health Association of San Francisco**

#### **i. Governors budget did not include funding for the Warm Line**

##### **1. Peer Run**

- ii. Asking people to call in to advocate to get funding back
    - iii. [www.savethewarmline.org](http://www.savethewarmline.org)
  - d. Access California
    - i. Virtual Events
    - ii. Peer Provider workshop
      - 1. April 13<sup>th</sup> from 9:30am-12:30pm
    - iii. Andrea to send out information
  - e. Care Court
    - i. Currently two bills
      - 1. One in the assembly one in the senate
      - 2. CAMHPRO opposing the proposal – One of 12 agencies
        - a. Press conference on the 19<sup>th</sup>
        - b. Will be live streamed
      - 3. A lot of funding will be diverted
        - a. MHSA funding

**16. Susanville Police Department – No Report**

**17. Lassen County Sheriff’s Department – John McGarva**

- a. CAL-AIM – Will impact both Behavioral Health and the Sheriff’s Department.
  - i. 90-day requirement – transition into community services from custodial services
- b. Jail based competency treatment program project
  - i. Cancelled
  - ii. Unable to staff – would require 20 positions
- c. Currently down 9 CO positions and 4 techs
- d. Losing LMFT on staff
  - i. Promoted – going to position in Yolo Co.
  - ii. Possibility of another LMFT available to fill the position
- e. Warm hand off today of individual in custody who needed mental health services

**18. Consideration of Future Agenda Items:**

- a. CAL-AIM
- b. Syringe Services Drop Box

**19. Next Meeting Date and Time: May 9, 2022 at 5:30pm**

**20. Adjournment: 7:05 pm**